

# PLEIN AIR HOMMES

Mis à jour le 03/10/2020

## BENJAMINS

| Epreuve         | Athlète(s)                                       | Performance     | Record Structure | Date       | Lieu            | Détails      | Ancien record              |                 |            |           |
|-----------------|--|-----------------|------------------|------------|-----------------|--------------|----------------------------|-----------------|------------|-----------|
| 50m             | ROUSSEAU Noah                                    | <b>6"75</b>     |                  | 29/09/2019 | Cholet          | vt : +1,7m/s | LEMEUNIER Pierre-Alexandre | <b>6"77</b>     | 19/06/2004 | Beaupréau |
| 100m            | POULTIER Alexandre                               | <b>12"67</b>    | Record Dép. 49   | 01/06/2014 | St Barthélémy   |              |                            |                 |            |           |
| 1000m           | CHESNAYE Yohan                                   | <b>2'53"88</b>  |                  | 20/10/1990 | Beaupréau       |              |                            |                 |            |           |
| 50m Haies (76)  | SAUVAGE Louis                                    | <b>7"83</b>     | Record Dép. 49   | 19/06/2019 | Saint Renan     |              | SOURICE Julien             | <b>7"87</b>     | 24/06/1995 | Bordeaux  |
| 50m Haies (76)  | HIBERT Ghislain                                  | <b>7"7</b>      | Record Dép. 49   | 04/06/1989 | La Pommeraye    |              |                            |                 |            |           |
| 2000m Marche    | SAUVAGE Louis                                    | <b>11"12"97</b> | Record Dép. 49   | 27/05/2018 | Angers          |              | SAUVAGE Louis              | <b>11"34"71</b> | 21/04/2018 | Angers    |
| Hauteur         | MORILLON Laurent                                 | <b>1,60m</b>    |                  | 26/05/1976 | Cholet          |              |                            |                 |            |           |
| Longueur        | CHIGNON Arnaud                                   | <b>5,67m</b>    |                  | 28/10/2001 | Eaubonne        |              |                            |                 |            |           |
| Triple Saut     | THOMAS Wilson                                    | <b>11,96m</b>   | Record Dép. 49   | 28/10/1990 | I.N.S.E.P.      |              |                            |                 |            |           |
| Perche          | VITET Victorien                                  | <b>3,10m</b>    |                  | 20/10/2001 | Beaupréau       |              |                            |                 |            |           |
| Poids (3 kg)    | MERCERON Fabien                                  | <b>12,38m</b>   |                  | 07/06/1995 | Carquefou       |              |                            |                 |            |           |
| Disque (1 kg)   | MARSAULT Loys                                    | <b>37,10m</b>   | Record Dép. 49   | 19/05/1973 | Angers          |              |                            |                 |            |           |
| Javelot (500 g) | COUILLEAU Boris                                  | <b>44,06m</b>   |                  | 20/10/1990 | Beaupréau       |              |                            |                 |            |           |
| Marteau (3 kg)  | BENAITEAU Aymeric                                | <b>49,20m</b>   | Record Dép. 49   | 29/06/2013 | Saumur          |              |                            |                 |            |           |
| Triathlon       | SAUVAGE Louis                                    | <b>121 pts</b>  | Record Dép. 49   | 19/06/2019 | Saint Renan     |              | CONOGAN Quentin            | <b>113 pts</b>  | 01/07/2017 | Challans  |
| 4x60m           | DIET C. / THIBAUT S. / BREVET S. / BANCHEREAU O. | <b>30"83</b>    |                  | 19/06/1983 | La Roche s/ Yan |              |                            |                 |            |           |

## MINIMES

| Epreuve         | Athlète(s)   | Performance      | Record Structure    | Date       | Lieu              | Détails   | Ancien record                                   |                  |            |                 |
|-----------------|--|------------------|---------------------|------------|-------------------|---|---|------------------|------------|-----------------|
| 50m             | LEMEUNIER Pierre-Alexandre                         | <b>6"28</b>      |                     | 18/06/2006 | Angers            | vt : -0,1m/s  |   |                  |            |                 |
| 50m             | BENAITEAU Allan                                    | <b>6"28</b>      |                     | 12/05/2019 | Angers            | vt : -2,9m/s  |   |                  |            |                 |
| 100m            | ROUTHIAU Guillaume                                 | <b>11"45</b>     |                     | 24/06/2001 | Dreux             | vt : +0,8m/s  |   |                  |            |                 |
| 1000m           | CHUPIN Célestin                                    | <b>2'43"09</b>   |                     | 18/06/2011 | Cerizay           |   |   |                  |            |                 |
| 1000m           | BOUSSAIDI Abdel                                    | <b>2'42"0</b>    |                     | 04/05/1985 | Angers            |   |   |                  |            |                 |
| 1200m           | LEROUGE Stéphane                                   | <b>3'19"60</b>   | Record Dép. 49      | 05/07/1981 | Viry-Châtillon    |   |   |                  |            |                 |
| 3000m           | BOUSSAIDI Abdel                                    | <b>9'31"0</b>    |                     | 07/06/1985 | Beaupréau         |   |   |                  |            |                 |
| 30 minutes      | CHESNAYE Yohan                                     | <b>8,495 kms</b> |                     | 1992       | Nantes            |   |   |                  |            |                 |
| 80m Haies (84)  | MANCEAU Florian                                    | <b>12"31</b>     |                     | 02/04/2005 | Angers            |   |   |                  |            |                 |
| 100m Haies (84) | CHABAUTY Paul                                      | <b>13"39</b>     | Record Dép. 49      | 03/07/2016 | Coulaines         | vt : +1,6m/s  |   |                  |            | Paris           |
| 100m Haies (84) | HIBERT Ghislain                                    | <b>13"3</b>      |                     | 25/05/1991 | Angers            |   |   |                  |            |                 |
| 200m Haies (76) | POULTIER Alexandre                                 | <b>26"98</b>     |                     | 18/06/2016 | Beaupréau         | vt : 0,0m/s   | MERCERON Clément                                | <b>28"02</b>     | 29/06/2003 | La Roche s/ Yan |
| 1000m Marche    | HIBERT Samuel                                      | <b>7'41"20</b>   |                     | 02/10/1994 | Fontenay le Comte |   |   |                  |            |                 |
| 3000m Marche    | GAUTIER Mahel                                      | <b>19'45"40</b>  |                     | 03/05/2015 | Beaupréau         |   |   |                  |            |                 |
| Hauteur         | BARAT Vincent                                      | <b>1,83m</b>     |                     | 25/10/1987 | Talence           |   |   |                  |            |                 |
| Longueur        | SAKOUVOGUI Charles-E.                              | <b>6,63m</b>     |                     | 14/06/1998 | La Roche s/ Yan   |   |   |                  |            |                 |
| Triple Saut     | THOMAS Wilson                                      | <b>12,94m</b>    |                     | 1992       | Beaupréau         |   |   |                  |            |                 |
| Perche          | VITET Victorien                                    | <b>4,20m</b>     |                     | 24/05/2003 | Angers            |   |   |                  |            |                 |
| Poids (4 kg)    | ROUTHIAU Guillaume                                 | <b>14,03m</b>    |                     | 17/06/2001 | Angers            |   |   |                  |            |                 |
| Disque (1,2 kg) | MERCERON Clément                                   | <b>46,22m</b>    | Record Dép. 49      | 18/10/2003 | Beaupréau         |   |   |                  |            |                 |
| Javelot (600 g) | DUPE David   | <b>55,76m</b>    |                     | 18/10/1997 | Beaupréau         |   |   |                  |            |                 |
| Marteau (4 kg)  | MÉNARD Brice                                       | <b>62,21m</b>    | Record de Ligue P-L | 07/06/2015 | Nantes            |   |   |                  |            |                 |
| Triathlon       | CHABAUTY Paul                                      | <b>118 pts</b>   |                     | 02/10/2016 | Challans          |   | MÉNARD Brice                                    | <b>108 pts</b>   | 24/10/2015 | Dreux           |
| Hexathlon       | HUMÉAU François                                    | <b>3324 pts</b>  |                     | 26/10/1991 | Angers            | 13"4 (100m Haies)/49,56m (Javelot)/1,70m (Hauteur)/3,00m (Perche)/12,40m (Poids)/3'23"8 (1000m)                           |   |                  |            |                 |
| Octathlon       | MORIN Yannick                                      | <b>4176 pts</b>  |                     | 25/05/2019 | Tours             | 14"27 (100m Haies)/11m16 (Poids)/3m30 (Perche)/35m66 (Javelot)/12"11 (100m)/1m42 (Hauteur)/32m53 (Disque)/3'01"02 (1000m) | REVEILLERE Nicolas                              | <b>3 916 pts</b> | 02/06/2012 | Cognac          |
| 4x60m           | CHUPIN M. / POUSSET L. / POULTIER A. / CHABAUTY P. | <b>28"27</b>     |                     | 02/10/2016 | Challans          |   | BINEAU Y. / CHIGNON A. / MERCERON C. / VITET V. | <b>28"42</b>     | 11/10/2003 | Dreux           |
| 4x80m           | HEURTIN / THOMAS / AVRILLON / PIVETEAU             | <b>36"33</b>     | Record Dép. 49      | 26/08/1988 | Choisy            |   |   |                  |            |                 |

## CADETS

| Epreuve         | Athlète(s)  | Performance       | Record Structure           | Date       | Lieu               | Détails  | Ancien record                                |
|-----------------|---|-------------------|----------------------------|------------|--------------------|--|--|
| 100m            | ROUTHIAU Guillaume                                  | <b>10"85</b>      | <b>Record Dép. 49</b>      | 12/07/2003 | Lyon               | vt : +1,1m/s   |  |
| 200m            | ROUTHIAU Guillaume                                  | <b>22"10</b>      |                            | 14/07/2003 | Lyon               |  |  |
| 300m            | LEMEUNIER Pierre-Alexandre                          | <b>35"37</b>      | <b>Record Dép. 49</b>      | 20/07/2008 | Venissieux         |  |  |
| 400m            | NEAU Bastien  | <b>51"53</b>      |                            | 10/07/2010 | Tours              |  |  |
| 400m            | MORILLON Laurent                                    | <b>50"9</b>       |                            | 1980       | La Roche s/ Yon    |  |  |
| 800m            | JAULT Eric  | <b>1'58"81</b>    |                            | 17/05/1986 | Beaupréau          |  |  |
| 1000m           | BERTHOU Achille                                     | <b>2'33"48</b>    |                            | 15/10/2016 | Beaupréau          | CHUPIN Célestin  | <b>2'34"12</b> 13/07/2013 Cerizay            |
| 1500m           | CHUPIN Célestin                                     | <b>4'02"55</b>    |                            | 19/07/2013 | Dijon              |  |  |
| 3000m           | GOURDON Pierre-Marie                                | <b>8'47"0</b>     |                            | 30/06/1982 | Cerizay            |  |  |
| 10km Route      | BERTHOU Achille                                     | <b>33'56"</b>     | <b>Record Dép. 49</b>      | 23/10/2016 | Cholet             | CHUPIN Célestin  | <b>34'00"</b> 27/10/2013 Cholet              |
| 45 minutes      | FERRERA Manuel                                      | <b>12,933 kms</b> |                            | 25/03/1989 | La Flèche          |  |  |
| 110m Haies (91) | CHABAUTY Paul                                       | <b>13"31</b>      | <b>Record de Ligue P-L</b> | 23/06/2018 | Blois              | CHABAUTY Paul  | <b>13"54</b> 29/05/2018 Compiègne            |
| 400m Haies (84) | PERDRIAU Maxence                                    | <b>55"41</b>      |                            | 08/07/2018 | Caen               | POULTIER Alexandre   | <b>57"25</b> 18/06/2017 Cholet               |
| 1500m Steeple   | MARTINEAU Pascal                                    | <b>4'21"</b>      |                            | 01/07/1973 | Colombes           |  |  |
| 2000m Steeple   | CHUPIN Célestin                                     | <b>6'32"42</b>    |                            | 30/05/2013 | Toulouse           |  |  |
| 3000m Marche    | CLEMOT Didier                                       | <b>18'29"20</b>   |                            | 17/10/1993 | Dreux              |  |  |
| 5000m Marche    | PICHAUD Maxime                                      | <b>27'20"38</b>   |                            | 19/05/2019 | La Roche s/ Yon    | PICHAUD Maxime   | <b>28'29"2</b> 28/04/2019 St Sylvain d'Anjou |
| Hauteur         | BASTARD Thierry                                     | <b>1,92m</b>      |                            | 16/05/1984 | La Roche s/ Yon    |  |  |
| Hauteur         | MERCERON Clément                                    | <b>1,92m</b>      |                            | 08/01/2005 | Eaubonne           | Indoor   |  |
| Longueur        | THIBAUT Sébastien                                   | <b>7,34m</b>      | <b>Record de Ligue P-L</b> | 10/05/1987 | Laval              |  |  |
| Triple Saut     | DIABLE Charlem                                      | <b>14,58m</b>     | <b>Record Dép. 49</b>      | 06/07/2019 | Angers             | AMIOT Joseph   | <b>13,82m</b> 20/06/1971 Bordeaux            |
| Perche          | CHABAUTY Paul                                       | <b>5,00m</b>      | <b>Record de Ligue P-L</b> | 24/02/2018 | Val de Reuil       | CHABAUTY Paul  | <b>4,98m</b> 21/01/2018 Rennes               |
| Poids (5 kg)    | MERCERON Clément                                    | <b>14,92m</b>     |                            | 10/07/2005 | Vineuil            |  |  |
| Disque (1,5 kg) | MERCERON Clément                                    | <b>50,54m</b>     |                            | 12/06/2005 | La Roche s/ Yon    |  |  |
| Javelot (700g)  | DUPE David  | <b>62,80m</b>     |                            | 10/07/1999 | Aix-les-bains      |  |  |
| Marteau (5 kg)  | MENARD Brice  | <b>65,62m</b>     | <b>Record de Ligue P-L</b> | 01/07/2017 | Dreux              | MENARD Brice   | <b>64,50m</b> 07/06/2017 Angoulême           |
| Enneathlon      | HUMÉAU François                                     | <b>5665 pts</b>   |                            | 27/06/1993 | Versailles         | 11"61 (100m)/5,80m (Longueur)/52,80m (Javelot)/3,80m (Perche)/14"28 (110m Haies)/36,16m (Disque)/1,74m (Hauteur)/12,48m (Poids)/5'18"53 (1500m)              |  |
| Décathlon       | MERCERON Clément                                    | <b>6494 pts</b>   | <b>Record de Ligue P-L</b> | 04/07/2004 | Gujan-Mestras      | 11"41 (100m)/6,44m (Longueur)/53,04m (Javelot)/3,30m (Perche)/54"52 (400m)/14"75 (110m Haies)/42,25m (Disque)/1,83m (Hauteur)/12,93m (Poids)/5'20"09 (1500m) |  |
| 4x100m          | GIMENEZ J. / GARREAU B. / DENIS P.-A. / ROUTHIAU G. | <b>43"07</b>      |                            | 14/07/2003 | Lyon               |  |  |
| 4x200m          | CAILLAUD A. / BOMARD L. / LECHAT L. / CHIRON P.     | <b>1'43"09</b>    |                            | 28/04/2019 | St Sylvain d'Anjou | Record établi  |  |
| 4x1000m         | GABARD H. / TOMAZ R. / ALLARD E. / BERTHOU A.       | <b>10'37"56</b>   | <b>Record Dép. 49</b>      | 08/10/2016 | Niort              | MERLET G. / LEROUGE S. / RIPOCHE B. / GOURDON P.M.   | <b>10'43"30</b> 03/10/1982 Epinay            |

## JUNIORS

| Epreuve            | Athlète(s)   | Performance     | Record Structure           | Date       | Lieu                 | Détails  | Ancien record   |
|--------------------|--|-----------------|----------------------------|------------|----------------------|--|---|
| 100m               | ROUTHIAU Guillaume                                   | <b>10"61</b>    | <b>Record Dép. 49</b>      | 23/07/2004 | Niort                | vt : +1,7m/s   |   |
| 200m               | ROUTHIAU Guillaume                                   | <b>21"35</b>    | <b>Record Dép. 49</b>      | 08/08/2004 | Alger                | vt : +0,8m/s   |   |
| 400m               | LEMEUNIER Pierre-Alexandre                           | <b>48"71</b>    |                            | 29/05/2009 | La Chapelle s/ Erdre |  |   |
| 800m               | LEMEUNIER Pierre-Alexandre                           | <b>1'54"05</b>  |                            | 04/07/2009 | Cholet               |  |   |
| 1000m              | CORNUAILLE Sébastien                                 | <b>2'29"3</b>   |                            | 15/07/1987 | Cerizay              |  |   |
| 1500m              | BERTHOU Achille                                      | <b>3'56"34</b>  |                            | 09/06/2018 | Beaupréau            |  | CORNUAILLE Sébastien<br><b>3'57"47</b> 12/07/1987 Fontainebleau |
| 3000m              | GOURDON Pierre-Marie                                 | <b>8'34"2</b>   |                            | 30/06/1984 | Angers               |  |   |
| 5000m              | GOURDON Pierre-Marie                                 | <b>14'50"3</b>  |                            | 16/06/1984 | Angers               |  |   |
| 10km Route         | BERTHOU Achille                                      | <b>32'20"</b>   |                            | 28/10/2018 | Cholet               |  | CHUPIN Célestin<br><b>32'51"</b> 13/04/2014 Valenciennes        |
| Semi-Marathon      | VERGNEAU Fredy                                       | <b>1h22'34"</b> |                            | 23/03/1997 | Nuaillé              |  |   |
| 110m Haies (99)    | CHABAUTY Paul  | <b>13"60</b>    | <b>Record Dép. 49</b>      | 06/07/2019 | Angers               | vt : +1,7m/s   | Record établi   |
| 110m Haies (106)   | THIBAUT Sébastien                                    | <b>13"90</b>    | <b>Record de Ligue P-L</b> | 13/08/1989 | Tours                | vt : +1,2m/s   |   |
| 400m Haies (91)    | ALBERT Christophe                                    | <b>52"94</b>    |                            | 28/07/1986 | Fontainebleau        |  |   |
| 3000m Steeple (91) | TOMAZ Roméo  | <b>9'49"39</b>  |                            | 24/06/2017 | Tours                |  | TOMAZ Roméo<br><b>9'50"18</b> 02/06/2017 Blois                  |
| 5000m Marche       | PICHAUD Maxime                                       | <b>24'47"11</b> |                            | 27/09/2020 | La Pommeraye         |  | PICHAUD Maxime<br><b>27'20"38</b> 19/05/2019 La Roche s/ Yon    |
| Hauteur            | BASTARD Thierry                                      | <b>2,04m</b>    |                            | 28/06/1986 | Rennes               |  |   |
| Longueur           | THIBAUT Sébastien                                    | <b>7,42m</b>    |                            | 12/05/1988 | Beaupréau            | vt : +1,8m/s   |   |
| Triple Saut        | DIABLE Charlem                                       | <b>14,58m</b>   | <b>Record Dép. 49</b>      | 06/07/2019 | Angers               |  | AMIOT Joseph<br><b>14,48m</b> 14/07/1973 Vittel                 |
| Perche             | CHABAUTY Paul  | <b>5,00m</b>    |                            | 24/02/2018 | Val de Reuil         |  | CHABAUTY Paul<br><b>4,98m</b> 21/01/2018 Rennes                 |
| Poids (6 kg)       | MERCERON Clément                                     | <b>14,50m</b>   |                            | 20/01/2007 | Orléans              |  |   |
| Disque (1,75 kg)   | MERCERON Clément                                     | <b>48,98m</b>   |                            | 28/07/2007 | Narbonne             |  |   |
| Javelot (800g)     | COUILLEAU Boris                                      | <b>58,08m</b>   |                            | 11/06/1995 | La Roche s/ Yon      |  |   |
| Marteau (6 kg)     | MÉNARD Brice   | <b>64,37m</b>   | <b>Record de Ligue P-L</b> | 06/07/2019 | Angers               |  | MÉNARD Brice<br><b>64,22m</b> 23/02/2019 Salon de Provence      |
| Décathlon          | GAIGNARD Jacques                                     | <b>6319 pts</b> |                            | 08/06/1980 | La Pommeraye         | 11"4 (100m)/6,37m (Longueur)/10,19m (Poids)/1,86m (Hauteur)/52"0 (400m)/17"1 (110m Haies)/31,64m (Disque)/4,00m (Perche)/53,68m (Javelot)/4'39"0 (1500m) |   |
| 4x100m             | PRIOUX F. / RETIER E. /<br>RETIER A. / THIBAUT S.    | <b>41"45</b>    | <b>Record Dép. 49</b>      | 10/07/1988 | Créteil              |  |   |
| 4x200m             | MANDIN A. / DIABLE C. /<br>PERDRIAU M. / CHABAUTY P. | <b>1'33"27</b>  |                            | 21/10/2018 | Saint Renan          |  | Record établi   |

## ESPOIRS

| Epreuve            | Athlète(s)   | Performance     | Record Structure           | Date       | Lieu                  | Détails  | Ancien record  |
|--------------------|--|-----------------|----------------------------|------------|-----------------------|--|--|
| 100m               | ROUTHIAU Guillaume                                   | <b>10"61</b>    | <b>Record Dép. 49</b>      | 23/07/2004 | Niort                 | vt : +1,7m/s   |  |
| 200m               | ROUTHIAU Guillaume                                   | <b>21"35</b>    | <b>Record Dép. 49</b>      | 08/08/2004 | Alger                 | vt : +0,8m/s   |  |
| 400m               | LEMEUNIER Pierre-Alexandre                           | <b>48"71</b>    |                            | 29/05/2009 | La Chapelle s/ Erdre  |  |  |
| 800m               | SUBILEAU Florian                                     | <b>1'52"80</b>  |                            | 04/07/2009 | Cholet                |  |  |
| 800m               | MARTINEAU Pascal                                     | <b>1'52"0</b>   |                            | 19/06/1977 | La Roche s/ Yon       |  |  |
| 1000m              | SUBILEAU Florian                                     | <b>2'28"09</b>  |                            | 10/07/2010 | Bressuire             |  |  |
| 1500m              | MARTINEAU Pascal                                     | <b>3'45"5</b>   |                            | 31/08/1977 | Saint-Maur-des-fossés |  |  |
| 3000m              | GOURDON Pierre-Marie                                 | <b>8'26"2</b>   |                            | 1986       | Rennes                |  |  |
| 5000m              | GOURDON Pierre Marie                                 | <b>14'50"3</b>  |                            | 16/06/1984 | Angers                |  |  |
| 10000m             | ROULLIER Gérard                                      | <b>33'22"9</b>  |                            | 1984       | Angers                |  |  |
| 10km Route         | BERTHOU Achille                                      | <b>31'35"</b>   |                            | 27/10/2019 | Cholet                |  | <b>BERTHOU Achille</b> <b>32'20"</b> 28/10/2018 Cholet           |
| Semi-Marathon      | VERGNEAU Fredy                                       | <b>1h11'43"</b> |                            | 13/09/1998 | Grenoble              |  |  |
| 110m Haies (106)   | THIBAUT Sébastien                                    | <b>13"45</b>    | <b>Record de Ligue P-L</b> | 28/06/1992 | Narbonne              |  |  |
| 400m Haies (91)    | ALBERT Christophe                                    | <b>52"37</b>    |                            | 28/05/1987 | Beaupréau             |  |  |
| 3000m Steeple (91) | MARTINEAU Pascal                                     | <b>9'25"6</b>   |                            | 15/05/1977 | Angers                |  |  |
| 5000m Marche       | PICHAUD Maxime                                       | <b>24'47"11</b> |                            | 27/09/2020 | La Pommeraye          |  | <b>PICHAUD Maxime</b> <b>27'20"38</b> 19/05/2019 La Roche s/ Yon |
| Hauteur            | BASTARD Thierry                                      | <b>2,07m</b>    |                            | 17/07/1988 | Montgeron             |  |  |
| Longueur           | THIBAUT Sébastien                                    | <b>7,42m</b>    |                            | 12/05/1988 | Beaupréau             | vt : +1,8m/s   |  |
| Triple Saut        | DIABLE Charlem                                       | <b>14,58m</b>   |                            | 06/07/2019 | Angers                |  |  |
| Perche             | CHABAUTY Paul  | <b>5,00m</b>    |                            | 24/02/2018 | Val de Reuil          |  | <b>AMIoT Joseph</b> <b>14,48m</b> 14/07/1973 Vittel              |
| Poids (7,26 kg)    | MERCERON Clément                                     | <b>13,71m</b>   |                            | 20/07/2008 | Vénissieux            |  | <b>CHABAUTY Paul</b> <b>4,98m</b> 21/01/2018 Rennes              |
| Disque (2 kg)      | MERCERON Clément                                     | <b>49,36m</b>   |                            | 09/05/2010 | La Roche s/ Yon       |  |  |
| Javelot (800 g)    | MERCERON Clément                                     | <b>59,32m</b>   |                            | 05/07/2008 | Beaupréau             |  |  |
| Marteau (7,26 kg)  | MENARD Brice   | <b>55,94m</b>   |                            | 19/05/2019 | La Roche s/ Yon       |  | <b>MENARD Brice</b> <b>53,67m</b> 06/05/2018 Angers              |
| Décathlon          | GAIGNARD Jacques                                     | <b>6418 pts</b> |                            | 12/04/1981 | La Pommeraye          | 11"4 (100m)/6,90m (Longueur)/10,37m (Poids)/1,84m (Hauteur)/52"7 (400m)/17"0 (110m Haies)/33,54m (Disque)/4,05m (Perche)/52,56m (Javelot)/4'43"8 (1500m) |  |
| 4x100m             | PRIOUX F. / RETIER E. /<br>RETIER A. / THIBAUT S.    | <b>41"45</b>    |                            | 10/07/1988 | Créteil               |  |  |
| 4x200m             | MANDIN A. / DIABLE C. /<br>PERDRIAU M. / CHABAUTY P. | <b>1'33"27</b>  |                            | 21/10/2018 | Saint Renan           |  | <b>Record établi</b>   |

## SENIORS

| Epreuve            | Athlète(s)  | Performance        | Record Structure           | Date       | Lieu                     | Détails  | Ancien record  |
|--------------------|---|--------------------|----------------------------|------------|--------------------------|--|--|
| 100m               | THIBAULT Sébastien  | <b>10"52</b>       | <b>Record Dép. 49</b>      | 16/06/1993 | Beaupréau                | vt : +1,9m/s   |  |
| 200m               | ROUTHIAU Guillaume  | <b>21"34</b>       | <b>Record Dép. 49</b>      | 28/06/2009 | Nice                     | vt : +1,3m/s   |  |
| 400m               | LEMEUNIER Pierre-Alexandre  | <b>48"71</b>       |                            | 29/05/2009 | La Chapelle s/ Erdre     |  |  |
| 800m               | SUBILEAU Florian  | <b>1'52"80</b>     |                            | 04/07/2009 | Cholet                   |  |  |
| 800m               | MARTINEAU Pascal  | <b>1'52"0</b>      |                            | 19/06/1977 | La Roche s/ Yon          | Chrono manuel  |  |
| 1000m              | SUBILEAU Florian  | <b>2'28"09</b>     |                            | 10/07/2010 | Bressuire                |  |  |
| 1500m              | MARTINEAU Pascal  | <b>3'45"5</b>      |                            | 31/08/1977 | Saint-Maur-des-fossés    |  |  |
| 3000m              | BOUSSAÏDI Abdel   | <b>8'25"86</b>     |                            | 11/06/1999 | Nantes                   |  |  |
| 5000m              | BOUSSAÏDI Abdel   | <b>14'39"40</b>    |                            | 01/06/2001 | Beaupréau                |  |  |
| 10000m             | IEVRE Jacques   | <b>30'55"0</b>     |                            | 24/05/1975 | Angers                   |  |  |
| 10km Route         | BOUSSAÏDI Abdel   | <b>31'19"</b>      |                            | 01/05/1998 | Montreuil-Juigné         |  |  |
| Semi-Marathon      | BOUSSAÏDI Abdel   | <b>1h08'29"</b>    |                            | 23/03/2000 | Nuaillé                  |  |  |
| Marathon           | COTIN David   | <b>2h34'27"</b>    |                            | 05/04/2009 | Paris                    |  |  |
| 100km              | BARON Marc  | <b>8h34'17"</b>    |                            | 18/05/1996 | Chavagnes-en-Pailliers   |  |  |
| 24 Heures          | BIROT Michel  | <b>180,921 kms</b> |                            | 12/07/2008 | Séné                     |  |  |
| 110m Haies (106)   | THIBAULT Sébastien  | <b>13"45</b>       | <b>Record de Ligue P-L</b> | 28/06/1992 | Narbonne                 |  |  |
| 400m Haies (91)    | ALBERT Christophe   | <b>51"73</b>       |                            | 19/07/1992 | Franconville             |  |  |
| 3000m Steeple (91) | VERGNEAU Fredy  | <b>9'10"58</b>     |                            | 26/06/2004 | Beaupréau                |  |  |
| 5000m Marche       | POIROUT Stéphane  | <b>21'21"27</b>    |                            | 07/05/2017 | Saumur                   | POIROUT Stephane<br>Record établi  | <b>22'26"06</b> 17/05/2015 Angers  |
| 20000m Marche      | POIROUT Stéphane  | <b>1h31'40"41</b>  |                            | 15/04/2018 | Saumur                   | POIROUT Stephane   | <b>45'50"</b> 09/08/2015 Vénissieux  |
| 10km Marche Route  | POIROUT Stéphane  | <b>45'31"</b>      |                            | 06/09/2018 | Malaga (ESP)             | POIROUT Stephane   | <b>1h40'28"</b> 04/08/2015 Vénissieux  |
| 20km Marche Route  | POIROUT Stéphane  | <b>1h35'00"</b>    |                            | 13/03/2016 | Saint Sébastien s/ Loire |  |  |
| Hauteur            | SAINT JEAN Fabrice  | <b>2,28m</b>       | <b>Record Dép. 49</b>      | 02/06/2012 | Genève                   |  |  |
| Longueur           | THIBAULT Sébastien  | <b>7,59m</b>       | <b>Record Dép. 49</b>      | 07/05/1995 | Angers                   |  |  |
| Triple Saut        | DIABLE Charlem  | <b>14,58m</b>      |                            | 06/07/2019 | Angers                   | AMIOT Joseph   | <b>14,48m</b> 14/07/1973 Vittel  |
| Perche             | CHABAUTY Paul   | <b>5,00m</b>       |                            | 24/02/2018 | Val de Reuil             | CHABAUTY Paul  | <b>4,98m</b> 21/01/2018 Rennes   |
| Poids (7,26 kg)    | MERCERON Clément  | <b>14,36m</b>      |                            | 13/04/2013 | Angers                   |  |  |
| Disque (2 kg)      | MERCERON Clément  | <b>53,23m</b>      |                            | 13/04/2013 | Château-Gantier          |  |  |
| Javelot (800 g)    | MERCERON Clément  | <b>59,32m</b>      |                            | 05/07/2008 | Beaupréau                |  |  |
| Marteau (7,26 kg)  | MENARD Brice  | <b>55,94m</b>      |                            | 19/05/2019 | La Roche s/ Yon          | MENARD Brice   | <b>53,67m</b> 06/05/2018 Angers  |
| Décathlon          | GAIGNARD Jacques  | <b>6513 pts</b>    |                            | 08/06/1986 | Saumur                   | 11"61 (100m)/6,79m (Longueur)/10,82m (Poids)/1,89m (Hauteur)/52"85 (400m)/17"03 (110m Haies)/34,62m (Disque)/4,10m (Perche)/46,42m (Javelot)/4'31"78 (1500m) |  |
| 4x100m             | SAUTEJEAU T. / RETIER E. /<br>RETIER A. / THIBAULT S.                           | <b>41"15</b>       | <b>Record Dép. 49</b>      | 08/10/1989 | Cannes                   |  |  |
| 4x200m             | SAUTEJEAU T. / RETIER E. /<br>RETIER A. / THIBAULT S.                           | <b>1'27"16</b>     | <b>Record Dép. 49</b>      | 08/10/1989 | Cannes                   |  |  |
| 4x400m             | NAVIER P. / PICARD J.-M. /<br>BIGOT G. / ALBERT C.                              | <b>3'22"4</b>      |                            | 24/05/1987 | Laval                    |  |  |
| 4x800m             | NAVIER P. / GOURDON P.-M. /<br>JAULT E. / CORNUAILLE S.                         | <b>7'42"3</b>      |                            | 29/06/1988 | Beaupréau                |  |  |
| 4x1500m            | CORNUAILLE S. / BIRET F. / NAVIER<br>P. / GOURDON P.-M.                         | <b>16'19"7</b>     |                            | 20/09/1986 | Beaupréau                |  |  |
| 5x4x3x2x1          | MARTINEAU P. / BOUYER J. /<br>GUILBAULT J. / CLEMENCEAU P. /<br>CHARPENTIER C.  | <b>3'05"3</b>      |                            | 1977       | Blois                    |  |  |
| Ekiden             | CHOUTEAU M. / BERTHOU A. /<br>CHUPIN C. / DEFONTAINE P. /<br>RENOU A. / DAVY R. | <b>2h16'31"</b>    | <b>Record Dép. 49</b>      | 03/11/2019 | Paris                    | 5Km : 15'32" / 10Km : 31'47" /<br>5Km : 16'31" / 10Km : 32'43" /<br>5Km : 16'16" / 7,195Km : 23'44"  | BOUHIER C. / CHOUTEAU M. /<br>CHUPIN C. / DAVY R. / BONDU F.<br>/ AVERTY A. <b>2h23'17"</b> 06/09/2015 Chalonnes |

## MASTERS

| Epreuve            | Athlète(s)  | Performance        | Record Structure | Date       | Lieu                     | Détails | Ancien record   |
|--------------------|---|--------------------|------------------|------------|--------------------------|---------|---|
| 400m               | PICARD Jean-Marie   | <b>56"26</b>       |                  | 30/04/2005 | Angers                   |         |   |
| 800m               | MOISAN Tony   | <b>2'17"25</b>     |                  | 21/05/2005 | Segré                    |         |   |
| 1000m              | CHAUVEAU Laurent  | <b>2'57"20</b>     |                  | 23/06/2007 | St Laurent s/ Sèvre      |         |   |
| 1500m              | CHAUVEAU Laurent  | <b>4'44"55</b>     |                  | 06/05/2006 | Laval                    |         |   |
| 3000m              | MORINIERE Noël  | <b>9'46"08</b>     |                  | 03/06/2005 | Angers                   |         |   |
| 5000m              | BRAUD Serge   | <b>16'45"95</b>    |                  | 06/05/2007 | Cholet                   |         |   |
| 10000m             | BERRUE Ludovic  | <b>34'38"70</b>    |                  | 19/03/2017 | St Laurent s/ Sèvre      |         |   |
| 10km Route         | MERAND Jeremy   | <b>33'45"</b>      |                  | 29/12/2019 | Houilles                 |         | MOISAN Tony<br><b>35'38"92</b> 06/07/2011 St Laurent s/ Sèvre |
| Semi-Marathon      | MERAND Jeremy   | <b>1h14'58"</b>    |                  | 04/03/2018 | St Sylvain d'Anjou       |         | BRAUD Serge<br><b>34'23"</b> 23/10/2005 Cholet                |
| Marathon           | MERAND Jeremy   | <b>2h42'10"</b>    |                  | 08/04/2018 | Paris                    |         | BERRUE Ludovic<br><b>1h16'06"</b> 26/03/2017 Nuillé           |
| 100km              | ROULLEAU Thierry  | <b>8h53'20"</b>    |                  | 19/05/2012 | Chavagnes-en-Pailliers   |         | ROULLEAU Thierry<br><b>2h45'10"</b> 14/11/2010 Nice-Cannes    |
| 24 Heures          | BIROT Michel  | <b>180,921 kms</b> |                  | 12/07/2008 | Séné                     |         |   |
| 3000m Steeple (91) | GOURDON Pierre-Marie  | <b>11'32"96</b>    |                  | 21/05/2006 | Coulaines                |         |   |
| 5000m Marche       | POIROUT Stephane  | <b>21'21"27</b>    |                  | 07/05/2017 | Saumur                   |         | POIROUT Stephane<br><b>22'26"06</b> 17/05/2015 Angers         |
| 20000m Marche      | POIROUT Stephane  | <b>1h31'40"41</b>  |                  | 15/04/2018 | Saumur                   |         | Record établi   |
| 10km Marche Route  | POIROUT Stephane  | <b>45'31"</b>      |                  | 06/09/2018 | Malaga (ESP)             |         | POIROUT Stephane<br><b>45'50"</b> 09/08/2015 Vénissieux       |
| 20km Marche Route  | POIROUT Stephane  | <b>1h35'00"</b>    |                  | 13/03/2016 | Saint Sébastien s/ Loire |         | POIROUT Stephane<br><b>1h40'28"</b> 04/08/2015 Vénissieux     |
| Perche             | BACK Stéphane   | <b>3,10m</b>       |                  | 28/03/2015 | Cholet                   |         |   |
| Poids (7,26 kg)    | BUCK Raphaël  | <b>7,95m</b>       |                  | 16/06/2018 | Angers                   |         |   |
| Disque (2 kg)      | COURANT Sylvain   | <b>23,45m</b>      |                  | 30/03/2019 | Beaupréau                |         | MOISAN Tony<br><b>7,32m</b> 05/05/2007 Angers                 |
| Javelot (800 g)    | GAIGNARD Jacques  | <b>45,02m</b>      |                  | 09/05/2004 | La Roche s/ Yon          |         | CHAUVEAU Laurent<br><b>17,42m</b> 19/05/2007 Segré            |
| Marteau (7,26 kg)  | MENARD Olivier  | <b>44,24m</b>      |                  | 18/05/2014 | Antony                   |         |   |
| Ekiden             | ROUILLE J.-L. / GRASSET D. /<br>GOURDON P.-M. / AVRIL J.-M. /<br>RENOU M. / MOISAN T. | <b>2h36'42"</b>    |                  | 07/10/2007 | Créteil                  |         |   |